

## MIDDLE SCHOOL and HIGH SCHOOL STUDENTS and PARENTS/GUARDIANS INVITED

## Save the date for a fun, free EXPO at Newton North High School! Thursday, January 18, 2018, from 5:00 to 7:30 p.m.

Teens and adults are invited to the Just Think: Teens Making Smart Choices expo for participative, informative exhibits; live music; free refreshments; and fun. Meet 30 community exhibitors who help teens navigate life's pressures in order to stay safe and healthy. Get information about everything from e-cigarettes and personal safety to healthy eating and body confidence to stress reduction and mental health support. Sponsored by the Newton North PTSO.

- Community resources for teens and families
- FREE and fun!
- Treat bags for the first 50 students who come with a parent/guardian
- Giveaways and refreshments
- Grand prize drawing: Bose SoundLink
- Table tennis challenge
- "American Ninja Warrior" demo